WHAT IS CLAIMED IS:

- 1. A head-off golf tee comprising:
- a tee body having a tip end and a flat end; and
- a cap having one hole in one end and one flat portion in another end; wherein the flat end of the tee body is assembled into the hole of the cap.
- 2. The head-off golf tee as claimed in claim 1, wherein the tee body is assembled into the hole of the cap and a golf ball is placed on the flat portion of the cap for being beaten.

10

5